

# We can all slow the spread

We all need to work together if we want to slow the spread of COVID-19. Unite against the virus now.



Be kind. Check-in  
on the elderly  
or vulnerable



Washing and  
drying your hands  
kills the virus



Cough or sneeze  
into your elbow



Stay home  
if you are sick

Find out more at  
**Covid19.govt.nz**

New Zealand Government

Unite  
against  
**COVID-19**