

Level 3: what it means for everyone



New Zealand is now at Level 3 to stop and eradicate COVID-19.

Eradicating the disease is vital to protect people's health and ensure our health system can cope and look after New Zealanders who become sick.

What is level 3:

- Travel in areas with clusters or community transmission limited
- Affected educational facilities closed
- Gatherings cancelled
- Public venues closed (eg. libraries, museums, cinemas, food courts, gyms, pools, amusement parks)
- Alternative ways of working required and non-essential businesses should close
- Non face-to-face primary care consultations
- Non acute (elective) services and procedures in hospitals deferred and healthcare staff reprioritised

Stay at home

Everyone should work at home.

Vulnerable people in particular should stay at home and self-isolate.

Only the children of essential workers should be at school or early childhood facilities. This will be communicated directly to parents and will change.

You may go for a walk or exercise and enjoy nature, but keep a 2 metre distance from people at all times.

Access to everything you need

Food will always be available – production will continue, distribution will continue, supermarkets will continue. You will always have access to food.

Medicines will always be available.

Healthcare for those that need it will be available.

Your usual financial support, like benefits, will continue as normal.

We must all participate

We have a plan. We need your support to protect New Zealand and eradicate COVID-19. Enforcement measures may be used to ensure everyone acts together, now.

Where can I go for more information?

We will continue to update [COVID19.govt.nz](https://www.covid19.govt.nz)

More information and advice to come shortly.

New Zealand Government

**Unite
against
COVID-19**